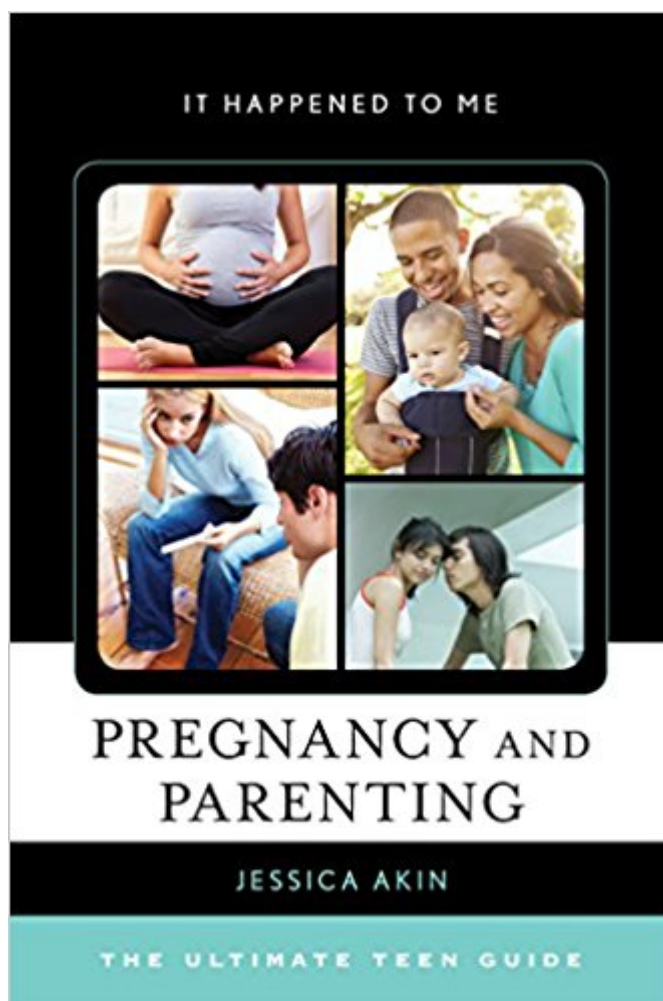


The book was found

# Pregnancy And Parenting: The Ultimate Teen Guide (It Happened To Me)



## Synopsis

More than 900,000 teenage girls face pregnancies each year. Almost all of these pregnancies are unplanned, leaving teen moms and dads unprepared for the emotional, physical, and psychological journey ahead of them. What most parents find as a memorable and positive change in their lives, teens and their families often see as catastrophic and devastating. In *Pregnancy and Parenting: The Ultimate Teen Guide*, Jessica Akin guides teens through the unique issues and struggles of a life-changing event that can be overwhelming even for a fully mature adult. Once a teen decides what course to take—between parenting, adoption, or abortion—she must deal with the consequences of her decision, often alone, but sometimes with the father-to-be and other family members. Topics covered in this book include breaking the news, choosing the next step, dealing with judgments and criticism, coping with loss, co-parenting, finishing school, life beyond the baby. This book is filled with stories from teen mothers and fathers who faced their unplanned pregnancy head on. Written without bias or judgement, *Pregnancy and Parenting: The Ultimate Teen Guide* emphasizes and encourages teens to empower themselves with knowledge and make the best choices and decisions for their individual futures.

## Book Information

Series: It Happened to Me (Book 48)

Hardcover: 226 pages

Publisher: Rowman & Littlefield Publishers (June 9, 2016)

Language: English

ISBN-10: 1442243023

ISBN-13: 978-1442243026

Product Dimensions: 7.2 x 0.8 x 10.3 inches

Shipping Weight: 1.5 pounds (View shipping rates and policies)

Average Customer Review: Be the first to review this item

Best Sellers Rank: #379,054 in Books (See Top 100 in Books) #3 in Books > Teens > Social Issues > Pregnancy #24 in Books > Teens > Personal Health > Sexuality & Pregnancy #46 in Books > Children's Books > Growing Up & Facts of Life > Health > Sexuality

Age Range: 12 - 17 years

Grade Level: 3 - 7

## Customer Reviews

This entry in the It Happened to Me series provides a wealth of practical and empathetic advice and

support for both female and male teens facing an unplanned pregnancy. Akin addresses the specific nuances confronting teensâ€™ needs, ranging from interviewing health practitioners, support agencies, and day cares to handling criticism, miscarriage and infant death, and not losing focus on planning for adulthood. Akin uses extensive extracts from interviews with teens, none of whom faced their pregnancies in a similar way, and their varied choices and range of support systems offer a wealth of perspectives, including abortion. She also employs well-chosen quotes from specialists in obstetrics that focus on educational guidance and family dynamics, among other things, all in a direct tone. The sections addressing potential problemsâ€”angry parents, breakups, pressure from religious communities, and moreâ€”are particularly helpful and coach readers on ways to maturely and responsibly resolve the conflict. Relevant photos throughout show a range of teens. This matter-of-fact guide offers no-nonsense advice and support to teens in the midst of crucial life decisions. (Booklist)

Jessica Akin is a freelance writer with a BA and MA in English.

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